



PAL NEWS

1st Quarter, 2010

From the Editor



IBIYEMI MEZU

We are pleased to inform you that the PAL Value Fund unit price increased from N1.4469 as at the end of December 2009 to N1.5986 as at 31st

March, 2010. This represents a return of 10.5% for the first quarter of 2010.

As at 31st March 2010, PAL had paid out N2.89billion to 1206 retirees. Our retirees are all over the country and can access their pension benefits from the remotest part of Nigeria. Our goal is to constantly ensure that our clients retire with ease.

In this edition of the PAL Newsletter, we will highlight some of the basic rules for retiring with ease. We will also like to encourage all our clients to take advantage of our Pension Advisory Services by calling our Pension Service Centre on 01-2802293 or by sending a mail to info@pensionsalliance.com. Our staff will be available to offer you first class advisory services, calculate your likely pension at retirement and help you plan on how to attain a good standard of life at retirement.

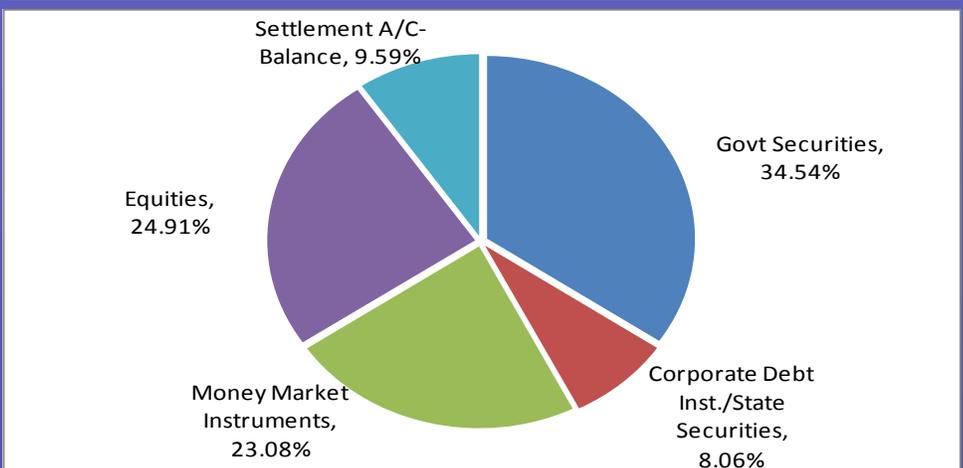
Have a wonderful quarter.



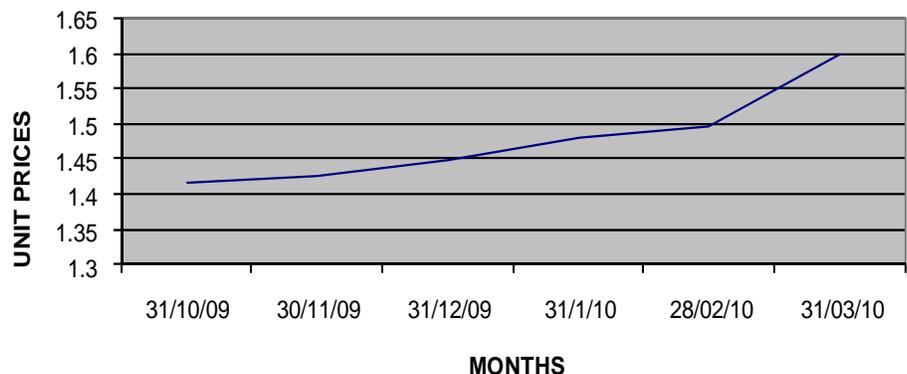
PAL Value Fund

The Pal Value Fund unit price was N1.4469 at the beginning of the year and 1.5986 by the end of March, 2010. The PAL Value Fund Portfolio as at 31st March, 2010 was made up as follows: Government Securities (34.54%), Equities (24.91%), Money market (23.08%), Settlement A/C Balance (9.59%) and Corporate Debt Inst. /State Securities (8.06%).

PAVF ASSET ALLOCATION STRUCTURE AS AT MARCH 31st, 2010



UNIT PRICE CHART AS @ MARCH 31, 2010



Head Office
Bull Plaza (7th Floor) P.O. Box 168
38/39 Marina Lagos
Tel: 234-1-2802290-3, 234-1-4622201
Fax: 234-1-4622253

Abuja Office:
DB 5/6 2nd Floor Orji Uzor Kalu House
Plot 979 Michika Street Off Ahmadu Bello Way
CBD Abuja
Tel: 09-6712379

Port-Harcourt Office
2nd Floor Afribank Building
5 Trans-Amadi Road Port-Harcourt
Tel: 084-463744
Fax: 084-463174

Enugu Office
2A O'Connor Street
Asata, Enugu
Tel: 042-319381

32 Kenneth Dike Way
Old Bodija UI Way
Ibadan
Oyo State

ENVISION YOUR FUTURE – LIFE AFTER RETIREMENT. By Godwin Onoro

At some stage in our lives, we will all face a certain situation – Retirement.

So long as we remain alive, retirement is real. To some people it is a time to look forward to, while to others it is a time of anxiety and if possible, they pray that it should not come to pass.

Perhaps I should ask. Are you one of those looking forward to retirement with excitement or with anxiety? Your actions of yesterday and today will give you a clear indication of what to expect at retirement.

To envision the future (Life after retirement), lets provide a background for a good understanding of this serious issue. We can dimension life into two parts from the point one is gainfully employed, viz the first half is your working life and the second half is when you have retired from active employment.

Within the first half, you are gainfully employed, improving yourself for promotion, earning good money, getting married, raising children etc. As interesting as this first half is, many of us fail to plan because we are too busy doing other things. Our resources at this point are diverted to things that can help improve our present standard of living and we are constantly saving towards the next big project – pay children’s school fees, get a bigger house, better cars, more holidays etc. The truth is there is enough to keep you occupied during this phase. Your financial resources are in constant demand and in some cases the demand outweighs the supply.

The second half is when you are unable to do those things that you did in the first half. It is slightly more difficult to hop from one employer to the other. If you do not own your own business or have another source of income, your financial needs may start to outweigh your income. The desire to maintain the same standard of living, pay higher tuition fees amongst other things make this second half difficult if you have not planned adequately. At this point, you are expected to reap what you have sown in the first half. It is a time of rest for those who adequately planned for it and a time of regret for those who failed to plan for it.

Other common circumstances in the second phase include loss of social status, dejection, middle age crisis, health issues, boredom, depression and untimely death due to all kinds of pressure.

How do you see yourself at retirement? Have you planned for it? It is not too late to begin.

Let us refresh you with some tips on how to plan for your retirement.

Adequate financial planning: We need to make a conscious effort to save no matter the size of our income. Savings is Income minus Consumption: These savings can be in form of cash in the bank, investment in equities, mutual funds, insurance policies, real estate etc. The savings and investment will ultimately generate income for you at retirement.

Another beneficial avenue to save is the Additional Voluntary contribution (AVC) which the PRA 2004 has availed to us all.

Parallel career: Begin to think of something that gives you pleasure that you can readily take up at retirement.

Family house: Work at ensuring that you do not pay rent at retirement.

Family Life: Start family life in good time so that you do not use your retirement benefits to pay tuition fees and train children.

Invest in good relationships: Spend quality time building and maintaining relationships. They will surely come in handy when you do not have to be at work 8am – 5pm daily.

Good health habits: Cultivate good health habits to ensure you stay healthy at retirement.

Trust in God/Allah: This is very important as it guarantees inner peace and reduces undue pressure.

It is our belief in PAL that you deserve a comfortable life at retirement, please talk to us. We are committed to making your retirement a pleasant experience.

Frequently Asked Questions



Can I use my retirement savings as collateral to access loans from financial Institutions?

Your Retirement Savings Account (RSA) cannot be used as any form of collateral. The pension scheme is designed to protect you at retirement, hence we safeguard your pension contributions and make it available for you when you retire.

At what point can I make withdrawals from my RSA?

You can access your RSA when you attain the age of 50 years or the retirement age of your last employer. However, the National Pension Commission has temporarily approved access to Retirement Savings Account (RSA) for employees whose employment is terminated by their employer. Such RSA holders can access up to 25% of their RSA balance if they have been out of job for up to 6 months. Employees who resign voluntarily before attaining the retirement age of their last employer cannot make any withdrawal from their RSA.

JOKE OF THE QUARTER

The Requirements of the Job



Employer: "In this job we need someone who is responsible."

Applicant: "I'm the one you want. On my last job, every time anything went wrong, they said I was responsible."

QUOTABLE QUOTE

As in all successful ventures, the foundation of a good retirement is planning.

-Earl Nightingale